



**Meals on Wheels**  
Eurobodalla

## **VOLUNTEER WORKER NEWSLETTER NOVEMBER 2017**

**More  
than just  
a meal**

In this edition, you can read about our new Board and our new President, an Out & About update, the 2017 Spring Raffle results, notes about our Christmas meal plans, the usual reminders of what to do and volunteer work opportunities. I hope that you take the time to read this Newsletter, and future editions, so that we are all on the same path in assisting people in our community.

Our organisation has a wonderful reputation which is built upon years of service. People, like yourselves, have provided hours of kind assistance and compassion towards others and you can be proud of what you have done. Our aim is to build on this and to make sure we are still relevant and valuable today.

I strongly encourage you to make sure you are wearing your Meals on Wheels shirt and your name tag. This provides our clients with a name to address you and helps you to provide a personal level of service. Having identification is also most important for your protection.

In addition, you are able to raise an awareness in the community of our service. We need to lift our profile within the present aged care environment and I hope you will assist us with this matter.

### **THE MANAGERS MEMO**



I am honoured to have been offered the role of Manager and I have enjoyed the first month. I am most fortunate that our organisation has such competent and compassionate staff working for our clients. I thank all of them for the welcome and for the support they have offered me, but more what they offer our clients each day.

I wish to acknowledge the work of Carol Meindl as Manager. Our organisation is in a fortunate position through her work and the systems she put into place. I wish her a happy retirement and welcome her home from her month in Vanuatu!

### **FUNDRAISING**

Unfortunately, this is going to be a permanent part of our work. With the changes to funding arrangements within our sector we will have a short fall in our revenue. We will need to make this up to allow us to continue with our level of service. Please support us where you can.

On our new website there is a button for donations. I know that this is probably not the right place to mention this but should you feel like making a donation (small or slightly bigger), please either call us, or look at the website and click on the button - it will tell you how to proceed.

Our Spring Raffle is over and the winners have their prize. Thanks to all sellers, and especially to our selling chief Deidree Jones. Thanks to Margaret Quigley for her work in gathering all the raffle prizes.

1<sup>st</sup> Prize: Pat Hyndes (0417)

2<sup>nd</sup> Prize: Deb Reid (0178)

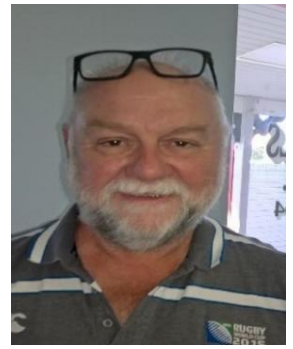
3<sup>rd</sup> Prize: P Halliday (2555)



## BOARD NEWS

The Annual General Meeting was held on October 23<sup>rd</sup> at Club Narooma. The usual reports were presented and the election of the new Board took place. We are most fortunate to have a full Board and a group of skilled people who are going to provide excellent leadership.

President	Phil Armstrong
Vice President	Jim Greenshields
Secretary	Margaret Quigley
Treasurer	Linzea Robson
Directors	Les Carter, Cathy Milliken, Allan Schuback



## MEALS NEWS

Time is moving on and Christmas is not that far away!! We are planning for our Christmas menu and this will be distributed to clients at the start of December.

We will be having a double delivery during the week ending 22 December which will see everyone with food over Christmas and New Year.

Thank you for your care with the money from clients but please make sure the dates on cheques are correct.

## OUT & ABOUT NEWS

On the first day in the job I was able to enjoy the day with folk as they had lunch out and about. What a great day and a lovely meal.

This week the group went to Braidwood ..... on Halloween eve.

The November calendar includes the Melbourne Cup, along with movies, whale watching, Morning Melodies, BBQ's and picnics.

The month finishes off with all things Scottish!

Christmas party -14 December. Another great occasion to enjoy.

Great fun for all .... do you know someone who would like to join?



O&A Client Kerrie Rowe

## MARKETING OURSELVES-SELF PROMOTION!!

Some would say that we should quietly do what we have done for years.

***“The Meals on Wheels name is well known, so why do anything more?”***

This is true, but we are an organisation which is feeling the effects of changes within the age care sector. We need to tell people what we offer so we can encourage more clients to access our services, and more volunteers to assist us.

Show your pride of what you do by wearing our shirts and name tags when delivering or packing, telling friends what we do and ask them to join us.

Thank you for selling our raffle tickets and speaking about Eurobodalla Meals on Wheels so widely. Have you heard our radio ads on 2EACFM and 2EARFM?

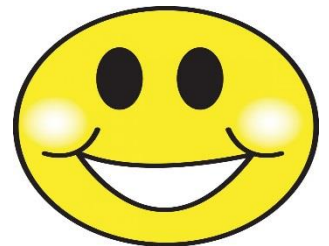
## REMINDER!

Please remember to let us know when you have **any concerns** about a client.

Please make a note on your delivery run sheet or email or phone us.

Together we can work towards quality support for clients.

We are a compassionate organisation and we do bring smiles and joy to our clients every day.... thank you for this gift which you give so freely.



## VOLUNTEERING OPPORTUNITIES FOR YOUR FRIENDS

**Batemans Bay deliverers needed.**

**Narooma Packing and Delivery Support members needed.**

**Join our Food Panel!** The Food Panel meets quarterly to discuss, and taste (!) our meals.

**Individual social support.** Help clients with shopping or in-home social visits to break up their week.

**Your WHS Rep: Les Carter**

Contact on 44723632 or 0491441968 or email [proteaplace6@gmail.com](mailto:proteaplace6@gmail.com)

***Don't delay in reporting incidents, hazards, injury to people and damage to property immediately.***

**Please support these sponsors who have greatly assisted us**

**Escape Travel  
Club Narooma,**

**Merinda Cruises,  
Moruya Golf Club,**

**Brad McLean Photography,  
Moruya Jockey Club**

**Bunnings,**



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