



**Meals on Wheels**  
Eurobodalla

More  
than just  
a meal

## VOLUNTEER WORKER NEWSLETTER JUNE 2020

This is a short newsletter to let you know what has been happening here over the couple of months.

I did say some time back that I would try to keep you up to date as things evolved so we have had the April newsletter and a few notices in between.



You are the corner stone of our organisation and we want you to know what is happening especially as some of you are not working at present and don't get to see or hear what is going on.

**Batemans Bay**...the 5 runs have continued to go out each Wednesday. To make this happen we have our teams of 2 each week and the packing group of 5. Keith Doran from the office has been there each week and been collecting the money as the runs return.



**Moruya**...we have made a change to runs going out from the office. We now have Broulee and Moruya on a Tuesday and Tuross and Moruya Heads on a Thursday. This has assisted with the packing and delivery teams being available.

**Narooma**...the runs have not changed but the overseeing of the packing and delivery has been done by office staff (Chelsea and Keith). They have also taken on cleaning the centre as our cleaner stopped due to the virus outbreak.

**Rosters**...we have asked Keith to look after these at present. We did do them week by week but are now onto month by month. As the restrictions ease, we shall develop them for longer and involve more of you.

**Availability**...several volunteers asked not to be involved and we have honoured that. We are excited that these people do want to come back. Those who have continue have signed the necessary letters and we thank them for doing so. We have had nearly 30 community people offer their assistance. We approached them last month to see if they wish to join us and had 24 attend our Induction training courses.

**Safety**...we are packing gloves and hand sanitiser into each receipt book box. We also have face masks available at each centre which could be useful as more and more people come out of their homes. We are incredibly pleased that you are not going into houses but stopping at the door to deliver meals.

**Out and About**...we have started the planning for the gradual return of Out and About to our clients. This will start slowly and be based at the office initially. We have been in touch with clients regularly and they are keen to meet up again. We hope that restrictions may ease for a July start.

**Individual Social Support**...we have been speaking to all these clients too and they are keen for visitors, gardeners, and shopping assistance to resume. We have started these services again.

**Staff**.... Chelsea and Keith have been kept busy in the office, but they are very much missing the work with our Out and About clients. We have had Denise Russell assisting with reception tasks from time to time. We have Nicole McDonald joining us now as a new member of the team. She will work on Tuesdays and Thursdays and assist with finance matters. Bethany has done a wonderful job keeping the meals going out and making sure we had plenty of stock should our suppliers start to run short. Luckily, this has not really happened to too many items. Karen came back to us on 1 June and it is good to have her here again.

**Governance**...the Board met in May and in June. Prior to this they were kept up to date with events and happenings each Friday when I sent them the Weekly Roundup. There has been particularly good news in that we have funding figures through to June 2022 so we can plan our way forward. We have also been

granted additional funding due to the Covid-19 virus which will see 60% of promised new funds coming this year and the other 40% in the new financial year. This will be extremely helpful.

**Wallaga Lake Elders Group**...this monthly event is on hold until the Elders are free within their community to have visitors arrive. We have missed visiting and doing lunch for the Elders as part of their day of activity. We hope to be operating again soon.

**PALZ**...our newest group PALZ (Professionals with Alzheimer's) had been doing very well. This operates on the first Tuesday every second month and allows clients and their carers to hear a fascinating speaker and discuss what they have to say. We hope to get this up and operating again soon. While it says 'professionals' we are open to anyone who may like to hear a good talk, discuss the presentation and then enjoy a chat over a nice cup of tea or coffee and cake to come along.

**Training**...Chelsea and Keith have taken the opportunity to develop some new skills. They have been to a course on 'Accidental Counselling' and Keith updated his First Aid skills. Bethany is to complete some leadership courses. It is always hard to find the time to fit these in, so this opportunity is very helpful.

**Office**...as you know we have expanded our office into the shop next door. So, we have more room and have refitted out the main office. This month we have had the painter in, and we are looking very fresh and bright. Our carpets have been cleaned and new sign writing has been put on the windows. Two new signs are on the roof so people can find us. These point to the main road and to the car park.

**Uniform**...our new shirts have been very well received. We will send them to Batemans Bay and Narooma during July. If you wish to claim one, please ask. Some sizes have run out so we will have to put in our fourth order. Please wear your shirt when doing the delivery as well as your name badge and having the signs on the cars. In this changing world these are to help and protect you, and our clients. And remember those wonderful smiles please; they are welcomed by clients.



**Sponsored products**...we have been extremely fortunate that New South Wales Meals on Wheels has secured two sponsorships to assist our clients. The toilet paper and Glen 20 have been most welcomed by our clients when they have been delivered. We have also small bottles of hand sanitiser through these sponsorships which are in each container for you to use. Batemans Bay Rotary gave us Care Packs during the fires and have sent another set which will be distributed during July. Thanks for the care and concern.

**Menu**...you may notice that there are only minor changes for our Winter menu. At this time, our clients do not need anything else to deal with, so we have removed some pantry items and changed two meals. We are pleased with the feedback we get from our clients on the menu and our new clients (nearly 50) have been incredibly surprised by what we have on offer. With 62 items we are certainly providing a wide selection for them each week. There will be some small changes soon due to price alterations.

**Clients annual survey**...this has gone to clients. It was due back on 12 June, but we will take late ones.

**Volunteers annual survey**...this is attached, and we would like it back by 24 July please.

**Cashless**...we are encouraging our clients to pay by account or any other means than by cash. We hope to have this achieved by the new financial year.

**Thank you**...for staying safe and well; for your support and interest; for your work and encouragement. We can not run this organisation without you.

For your diary...we are still planning to host you at a

**Thank You High Tea event on Wednesday 9 September at 2pm**

Continue to look after yourself and your family. Keep those hands and fingers washed.



Best wishes  
Alan

Your WHS Rep: Les Carter Contact on 44723632 or 0491441968 or email [proteaplace6@gmail.com](mailto:proteaplace6@gmail.com)

#### Our Sponsors

**We thank the following who supported the Community Race Day and their name is on the car.**

Rotary Clubs of Batemans Bay, Moruya and Narooma  
Moruya Jockey Club Travel Team Batemans Bay Alan May Holden

