



Meals on Wheels
Eurobodalla



VOLUNTEER WORKER NEWSLETTER MAY 2019

The month of April was a very good one for our organisation.

The first good thing to happen was that our funding was confirmed until 30 June 2022. Our funding was due to end at 30 June 2020 but now we have some certainty and can plan for the next three years with confidence.

The second piece of good news was the announcement that our organisation, in combination with Yumaro, will be the recipient of the Moruya Jockey Clubs Christmas Race Day. This event is coordinated by the three Rotary Clubs of the Shire and the Jockey Club. Together we will be embarking upon a project to raise funds for a 'people mover' which we can both use. This will greatly add to the ability to move our clients as our numbers continue to grow. We will need to support the race meeting on 22 December and sell raffle tickets as part of the fundraising. The more we can contribute the less we have to find from our funds....so it will be all hands to the fundraising wheel! It will also be time for some fun raising on the day, so perhaps you think about your outfit for the day- there will be prizes for *Fashions on the Field*.

The third piece of good news has been the approval for us to establish PALZ (*Professionals with Alzheimer's*). This organisation is part of a growing national scheme to assist professionals with the onset of Alzheimer's. The organisation is also going global with a chapter in London. We hope to develop this into an exciting additional part of our work with the community.

These three pieces of good news are great for our Cooperatives future, especially as the Board heads to its May meeting which will be a workshop on our Strategic Plan, in addition to preparing for our next Budget.

I am very excited about our organisation, the work undertaken by you our volunteer staff and the work of the professional staff. I hope you are also excited and continue to talk well of our efforts to serve our older people with care and compassion.

Every day I see you showing our core values of honesty, empathy and commitment. I thank you very much for all of this and look forward to us achieving more great things.

HOME CARE STANDARDS REVIEW

Our organisation has to be reviewed from time to time making sure we are meeting the Home Care Standards. This Review was conducted on Thursday 2 May and saw the Team Leader meeting with clients, volunteers and staff to gain a picture of what we are all about.

From 1 July 2019 there will be new Aged Care Quality Standards and next time we will be assessed against eight Standards (as noted in the last newsletter) compared to three this time. We have already started work on these within our team and with our clients by sending to them the Charter of Aged Care Rights which has to be signed and on file by 1 July.

I look forward to telling you how the Review went and what recommendations there were for us.

MEALS NEWS

We have introduced our Winter Menu and this has been well received. The menu has new items attached and the breakfast ones are the big change. The two Breakfast items are

- Full English Breakfast (Big Breakfast) includes an Omelette, Baked Beans, Mushrooms, Chicken Chipolata, Bacon; and the
- Hot Breakfast which includes Potato dice, Tomato relish, Chicken Chipolata, Diced bacon, Tasty Cheese, Corn kernels and peas.

OUT AND ABOUT NEWS

Our numbers continue to grow and we are always very pleased to be able to host new people to the programme.

Each month the programme changes and offers wonderful opportunities for our clients to experience. The calendar is produced for each month and sent to clients for them to pick and choose the activity they wish to undertake.

Recently we have had to have the bus and car in operation to cater for those who wish to attend.

INDIVIDUAL SOCIAL SUPPORT NEWS

Over the last year the number of clients has grown greatly.

We are delighted by this but we need more volunteers to make sure we are meeting the demand for assistance with courtyard gardening, taking people shopping or to appointments, or just having a chat over a cup of tea/coffee. The need is across the board so if you, or your friends can help, please contact the office.

VOLUNTEER FORUMS

The Volunteer Forums were held prior to the Boards initial review of the Strategic Plan. Unfortunately, over the three sites only one volunteer turned up, and he was a Board member! I did feel lonely sitting waiting. However, if you do have anything you wish to speak about, then please give me a call.

BOARD NEWS

In the last Newsletter, I mentioned the Boards Agenda and will give you a progress report on their work

The Board's Agenda included:

- **February – the six-monthly review of Group Social Support (Out and About) and the Budget**
This was completed and some minor adjustments were made to the Budget
- **March - the annual review of our Strategic Plan**
The first part of this happened and a full workshop is planned for the May Board meeting
- **April - the first steps in the development of the new Budget**
These first steps have started but the Board did not meet
- **May - the acceptance of a Budget for the 2019-2020 financial year.**
The Budget will not be presented but a Workshop on our Strategic Plan will take place and it is good to know where we stand with our funding and various initiatives.

Overall, the start of the year has been a productive one, and full of good news stories for the Board!

THE MANAGERS MEMO



Our joint project with Yumaro is a very exciting one.

Our Out and About programme continues to grow as does the need for more transport, and a variety of options have seen us develop a programme with Yumaro.

The aim is to purchase a people mover vehicle. This will be housed at Gillett House in Moruya and used by us mainly through the week and Yumaro at the weekends and in the evenings. The flexibility this will give both organisations will be amazing.

Our joint application was one of three which the Moruya Jockey Club and the Three Shire Rotary Clubs accepted as their focus for the Christmas race day Meeting. We are very fortunate but we have to do some work as well.

From August we will be selling raffle tickets to raise funds, we will need to support the event by attending the race day (maybe we can have a special Meals on Wheels tent) and get people behind a worthwhile community project.

I look forward to your support and to the success of this community event.

I do like this Clients comment, so I have repeated it again in this Newsletter....

“Meals on Wheels is a friendly place.”

Your WHS Rep: Les Carter Contact on 44723632 or 0491441968 or email proteaplace6@gmail.com

Our Sponsors We thank the following who supported us free of charge for various events so far this year.

- Moruya Golf Club - where we hold our monthly Board meetings
- Moruya Jockey Club - where we hold our annual Volunteers Thank you, and now the Community Race Day
- Bay Coast Cleaning - who cleaned The Cottage so well when Out & About left
- Rotary Clubs of Batemans Bay, Moruya and Narooma who support the Community Race Day

Those who generously donated prizes for our Volunteers Thank you and for our Twelve Gifts for Christmas

Harris Scarfe, Moruya	Woolworths, Moruya	Vamps, Batemans Bay	In & Out, Mogo
Curtis & Cloud, Moruya	Harry & Rouge, Moruya	Target, Batemans Bay	BWS, Moruya
Brad McLean Photography	Ballards Pharmacy, Moruya	Isabel Carey	Mogo Zoo
Istanbul Bazar, Batemans Bay		Dollar Curtains & Blinds, Batemans Bay	

