

VOLUNTEER WORKER NEWSLETTER JUNE 2017

Welcome to our June newsletter.

In this edition, you can read about exciting volunteer work opportunities, the 2017 Volunteer Thank You Lunch, changes in the staff team, Out & About update, changes to Bodalla deliveries, upcoming Spring Raffle, new marketing material and the usual suspects of reminders to do (or not to do) AND enclosed is a letter from The President. (Cooperative Members have already received this letter.)

Firstly, I am letting you know that I am retiring at the end of September. When I joined this vibrant organisation in July 2012, I did make a five-year commitment to Eurobodalla Meals on Wheels. I have enjoyed my time working with EMoWs, particularly working with, and having the support of such fine bunch of volunteers; I truly understand why Volunteers **ARE** the life blood of meals on wheels and **YES**, without you good folk, there would be no Meals on Wheels. Thank You one and all!

Save the Date 5 September 2017 Combined Volunteer Thank You Lunch

This year we are having a combined Volunteer Thank You Lunch which will be at the Moruya Jockey Club on Tuesday 5 September. Al and Kim Newbold (pictured) of Mr Bold Catering will supply the food. Narooma Volunteers will testify to the level of deliciousness of Al's food having experienced his cooking at the last two Thank You Lunches.



Official invites coming closer to the date, do hope you can make it.

Volunteer work opportunities – tell your friends!!!

You may be aware that, in addition to my paid work responsibilities, I also do some volunteer work that, on my retirement, will need some volunteers to replace me. Can I strongly encourage you to consider the following volunteer work opportunities that could be rostered across a team of volunteers:

- Weekly **stock and paperwork run** from Moruya to Narooma – Thursday afternoons
- Weekly **transport of Out & About clients** from Narooma area to Moruya to meet the O&A bus Thursday – morning AND transport back to Narooma area from Moruya in the afternoon. It needn't be the same person i.e. can be two different volunteers for the morning and afternoon – and could be linked to the stock and paperwork run!
- Monthly **support for Wallaga Elders Social Club**. Take a turn to support this valued and long-standing group on the first Thursday of the month (except January) EMoWs role in supporting this collaborative venture is to supply morning tea and lunch, so there is food preparation involved. Our partners in this venture are Red Cross and Uniting.

Please contact me should you wish to discuss these work opportunities. I will provide you as much training and support in developing a sound understanding of any of these roles.

Deliveries to Bodalla

- Commencing the first delivery in June, Moruya based volunteers will temporarily take over from Narooma the deliveries to Bodalla. This is due to unexpected resignations of Narooma volunteers through ill-health, relocation and entry to paid employment. Coupled with this, there has been a steady decline in the number of deliveries in Moruya, mostly due to clients moving to residential care.
- Thank you to the Moruya deliverers who agreed to support our Bodalla clients with their meal deliveries.

Other Volunteer Work Opportunities

- **Join our Food Panel!** Director Les Carter heads up the Food Panel and is keen to have Narooma area volunteer representation. The Food Panel meets quarterly on a Tuesday morning at Moruya.
- **Stock movement between Moruya and Batemans Bay.** Join the roster to share the wear with the two sets of volunteers who currently undertake this job. Weekly on Tuesday afternoon.
- **Narooma Packing and Delivery Support.** Commitment is once per 4 to 5 weeks on Friday mornings from 8am to 12 noon.
- **Individual social support.** Help clients with shopping or in-home social visit (CuppaChat) to help break the cycle of their social isolation.

If you know of anyone willing to give a few hours to help with packing and deliveries particularly in the Narooma area, please point them in our direction!

New Marketing material

In 2016, we received a grant to redevelop our marketing material. A number of clients and volunteers kindly agreed to participate in the photo shoot and have their faces on our new marketing material – Biggest THANK YOU to these folks.

Out & About



I caught a fish! As you can see from the pictures, O&A clients were delighted to catch a fish at their recent trip to Quarry Park.



Reminders

- Please do **arrive on time** for your rostered work. **For O&A**, please let Jann know as soon as you know you are unable to make your rostered shift.
- **Thank you for your diligence** in counting the meal float – yes, we can all make mistakes, and with your help in counting the float, our accuracy in the correctness of monies has increased.
- PLEASE do ensure that you **keep the delivery run sheets secure**. In the past month, we have had two instances where a run sheet has been misplaced. The impact of this is the names, addresses and contact details of clients is compromised.
- Please **sign the attendance sheet** regardless of whether you accepting a fuel voucher or not. By signing in, if there is an incident, and you have not signed in, any claims may be jeopardised.
- **On the run sheet, when there is an amount of money to be collected, please circle yes or no if the client has paid noting whether it is by cash or cheque.**

Volunteer Forums

Please join me to discuss your challenges and great ideas and meet Bethany McLean, Client Services Officer for the 2017 volunteer forums coming to a location near you:

Batemans Bay/Northern Area on Tuesday 4 July at the Out & About Cottage 2/20 Heradale Parade Batemans Bay from 10.30am to 11.30am

Narooma/Southern Area on Friday 30 June at the small meeting room Narooma Community Centre from 1pm to 2pm

Moruya/Central Area on Tuesday 4 July at the Moruya Office from 1.30pm to 2.30pm

Welcome to Bethany and Mim

Bethany McLean and Mim van den Berg are very welcome new team members who replaced Linda Murray and Linda McHugh.

Spring Raffle

Again, this year, Director Margaret Quigley is seeking donations of prizes for our Spring Raffle that will be drawn at the AGM on 23 October 2017. More information and a call to action to come!



Your WHS Rep is Les Carter.

Contact Les on 44723632 or 0491441968 or email proteaplace6@gmail.com

Don't delay in reporting incidents, hazards, injury to people and damage to property immediately.

**Thanks for your volunteer work to support some of the most vulnerable people in our community
Without YOU there would be no Meals on Wheels.**

Carol Meindl, Manager



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